



**SCALE-UP
DIABETES AND
HYPERTENSION
CARE**



**European
Commission**

Horizon 2020
European Union funding
for Research & Innovation

SCALE-UP AN INTEGRATED
CARE PACKAGE FOR

DIABETES AND HYPERTENSION

**FOR VULNERABLE PEOPLE
IN CAMBODIA, SLOVENIA
AND BELGIUM**



WHY

Many countries struggle to find the best way to treat hypertension and type 2 diabetes, therefore many patients receive suboptimal care, especially vulnerable groups in society. SCUBY is unique as it allows to learn from best practices: comparing and reciprocal learning will lead to roadmaps that will help policymakers in deploying best practices and improving standard care for these health conditions.



WHAT

In the core of this four-year project is the scale-up of an integrated care package with five components: (a) identification of people with hypertension and/or type 2 diabetes and subsequent (b) treatment in primary care services, (c) health education and (d) self-management support to patients and caregivers, and (e) collaboration between caregivers. Special attention is given to vulnerable patients and their carers' involvement. We aim for strong scale-up and increased diabetes and hypertension control in each country.



HOW

We engage with key decision-makers at all levels, to identify opportunities and barriers to implement best practices at larger scale, and to support implementation relevant to the context of each country. We will evaluate how these care packages impact outcomes and efficiency of the scale-up in each involved country. The lessons on scale-up will benefit policy-makers in other countries with similar contexts.

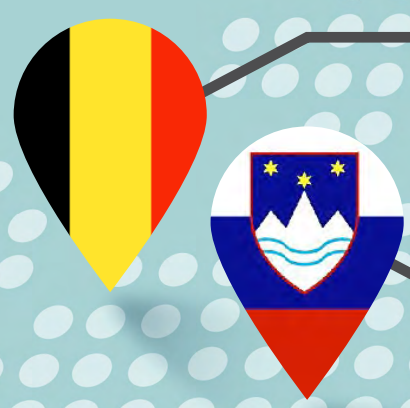


WHO

We are a EU-funded research consortium with 5 research partners with strong expertise in NCD and scale-up research:

- Institute of Tropical Medicine Antwerp, Belgium
- National Institute of Public Health, Cambodia
- Community Health Center Ljubljana, Slovenia
- University of Antwerp, Belgium
- University Medical Center Utrecht, Netherlands.

The project is strongly embedded in the three study countries, through links with policy-makers and implementation organizations.



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