



SCALE-UP DIABETES AND HYPERTENSION CARE

SCALE-UP  
AN INTEGRATED  
CARE PACKAGE FOR

# DIABETES AND HYPERTENSION

FOR VULNERABLE PEOPLE  
IN CAMBODIA, SLOVENIA  
AND BELGIUM

OUR PARTNERS:



European  
Commission

Horizon 2020  
European Union funding  
for Research & Innovation

[www.scuby.eu](http://www.scuby.eu)



## WHY

Many countries struggle to find the best way to treat hypertension and type 2 diabetes, therefore many patients receive suboptimal care, especially vulnerable groups in society. SCUBY is unique as it allows to learn from best practices: comparing and reciprocal learning will lead to roadmaps that will help policymakers in deploying best practices and improving standard care for these health conditions.



## WHAT

In the core of this four-year project is the scale-up of an integrated care package with five components: (a) identification of people with hypertension and/or type 2 diabetes and subsequent (b) treatment in primary care services, (c) health education and (d) self-management support to patients and caregivers, and (e) collaboration between caregivers. Special attention is given to vulnerable patients and their carers' involvement. We aim for strong scale-up and increased diabetes and hypertension control in each country.

## HOW

We engage with key decision-makers at all levels, to identify opportunities and barriers to implement best practices at larger scale, and to support implementation relevant to the context of each country. We will evaluate how these care packages impact outcomes and efficiency of the scale-up in each involved country. The lessons on scale-up will benefit policy-makers in other countries with similar contexts.

## WHO

We are a EU-funded research consortium with 5 research partners with strong expertise in NCD and scale-up research:

1. **Institute of Tropical Medicine** Antwerp, Belgium
2. **National Institute of Public Health**, Cambodia
3. **Community Health Centre Ljubljana**, Slovenia
4. **University of Antwerp**, Belgium
5. **University Medical Center Utrecht**, Netherlands.

The project is strongly embedded in the three study countries, through links with policy-makers and implementation organizations.



INFORMATION AND CONTACT:

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