

A global approach to caring for chemsexers: French chemsex project

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 **AIDES**
Membre de la Coalition
Internationale Sida 

International Chemsex Conference, March 2026, Antwerp Belgium



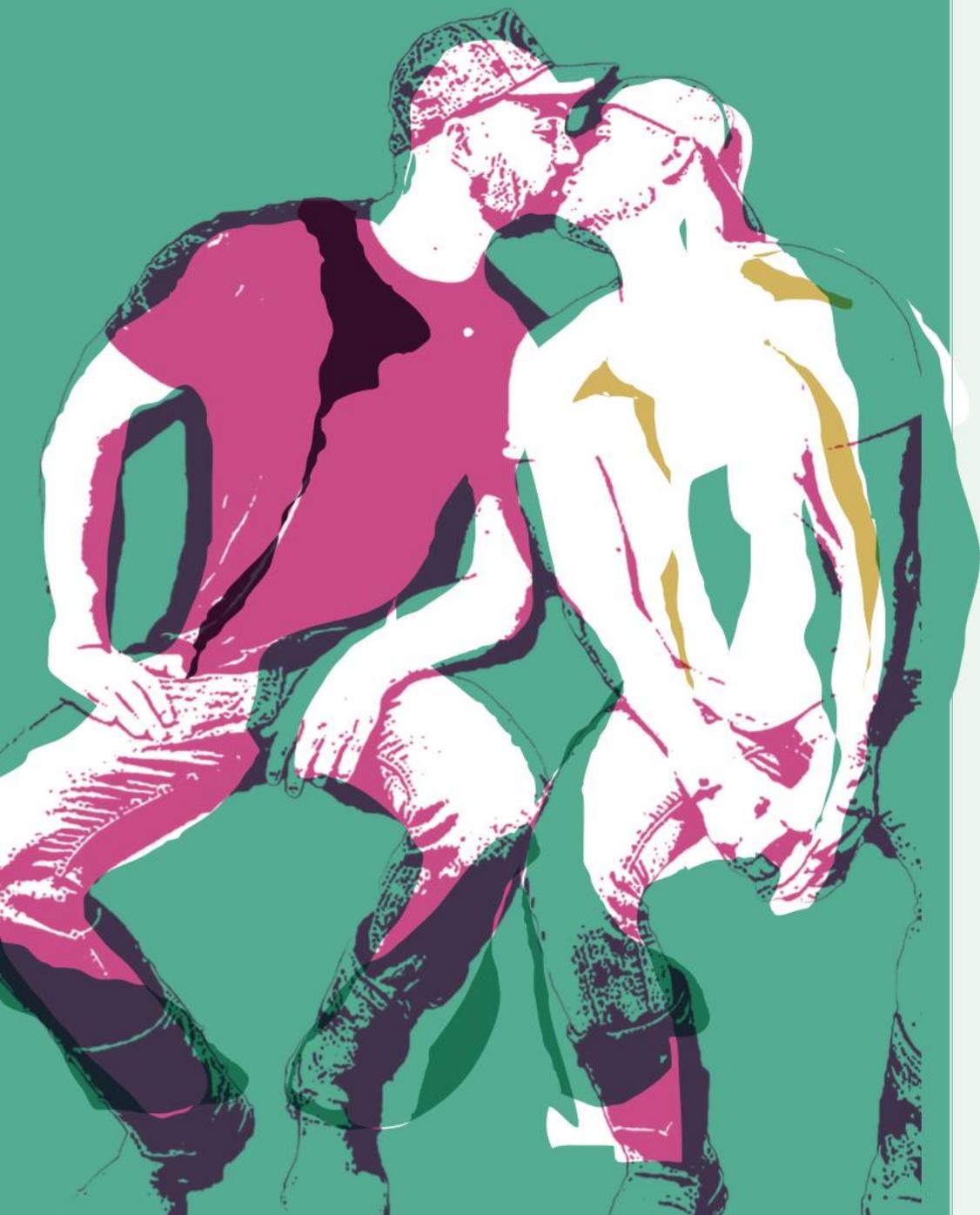
Plan

● Chemsex in France

○ National chemsex project in France

○ Actions of the sites &
“**Reaching out to chemsexers**”
guide

○ **Results, outlook**



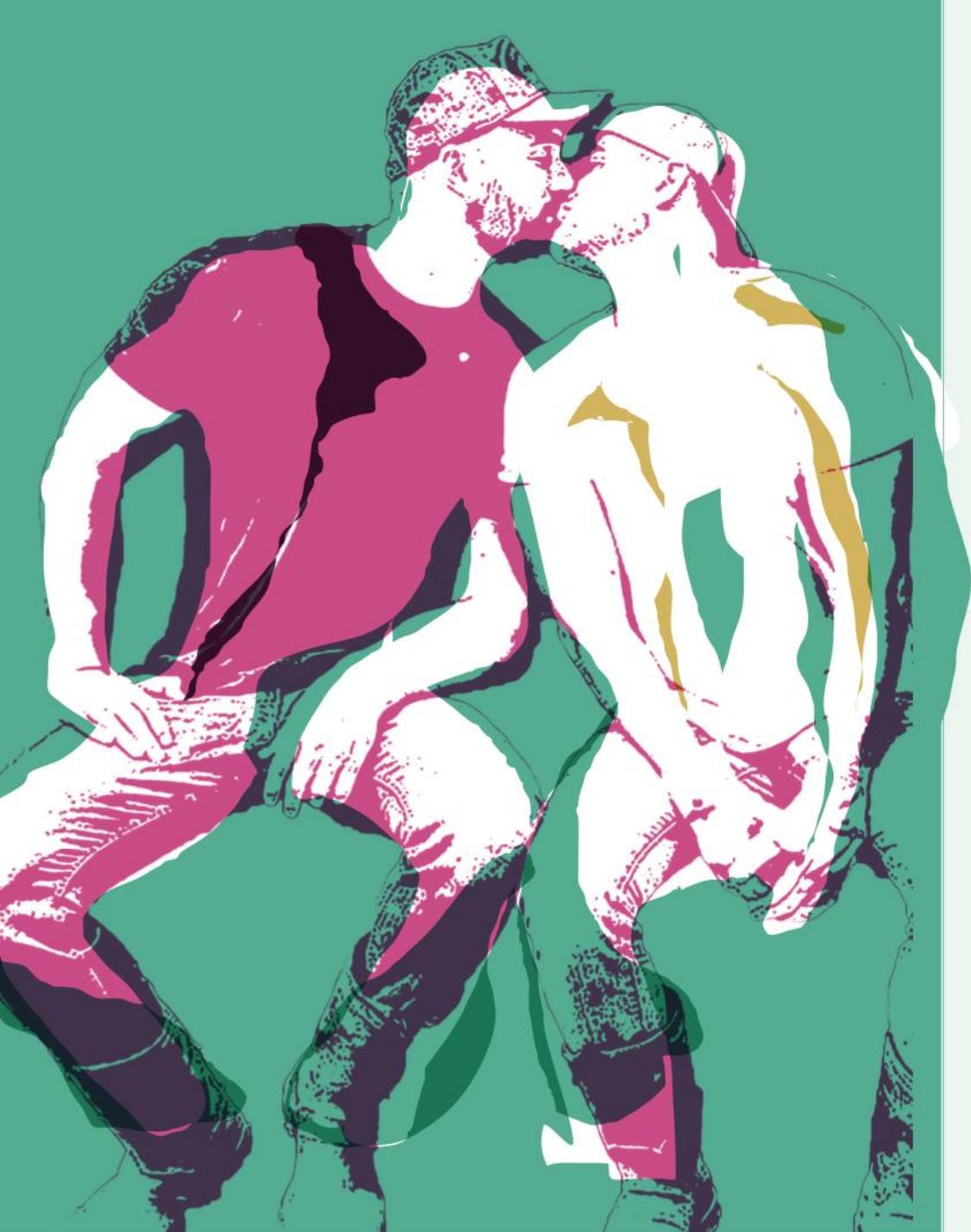
Chemsex in France over 10 years

- **New and multiple needs:**
 - in sexual health and harm reduction,
 - in the consumption of new products (cathinones) and modes of consumption (including injection),
 - in the contexts of consumption (multiple partners, behaviors modified by substances).
- **Context of Covid-19:** explosion of first-time chemsexers (far from care).



- **New challenges:** identify the **public**, identify the **risks**, understand the **motivations**, develop an **approach and speech** on sexual prevention and harm reduction, based on the observations of professionals and the needs of chemsexers.





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National chemsex project in France



To improve on a local scale, the global approach with sexual prevention and harm reduction offers for chemsexers, and the referrals for care, like in emergency for example, and community self-support



3 years



Paris

Checkpoint (Groupe SOS) & Spot Beaumarchais (Aides)

Bordeaux

CEID-Addictions & Aides local centre

Aix-Marseille

Csapa La Villa Floréal & Spot Longchamp (Aides)

Lyon

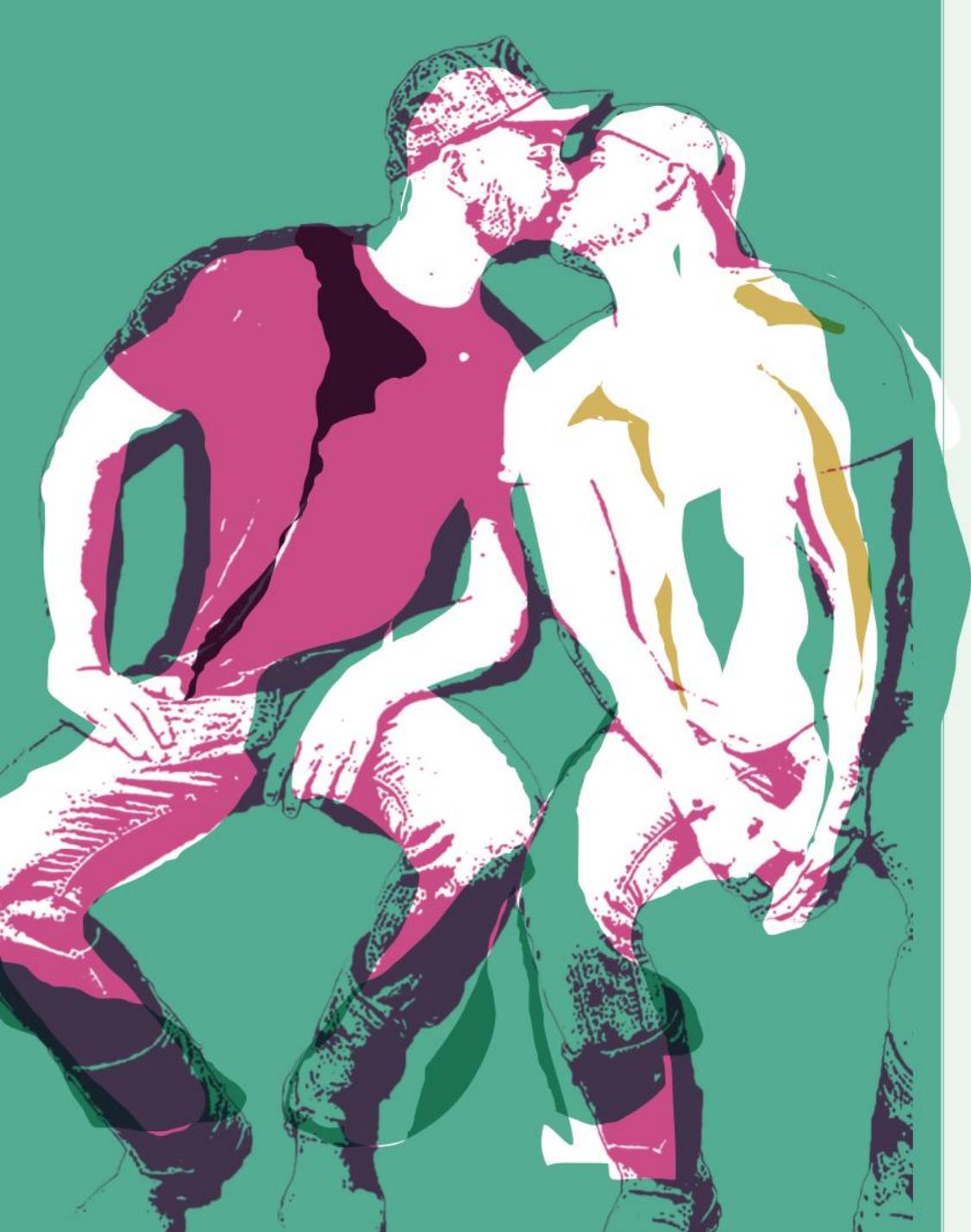
Pause Diabolo (Le Mas) & Aides local centre

Montpellier

Axess (Groupe SOS) & Spot Montpellier (Aides)



Includes a **harm reduction service** in addictology and a **LGBTQ+ community** health centre.
 Federation Addiction and Aides ensure methodological monitoring.



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Actions of the sites

- Duty period and group therapy for chemsexers ;
- Self-assessment questionnaire to give an overall view of chemsexers' consumptions ;
- A brochure introducing the network of regional actors ;
- Training sessions for hospital practitioners ;
- Harm reduction tools for drugs : card dedicated to crush and huff drugs, harm reduction boxes for sex parties, ... ;
- GHB/GBL prevention videos ;
- Drug analysis and Testing ;
- Outreach actions in parties and festivals.

Key points

Actions based on their needs

Actions by global approach

Actions are added to activities

Actions with new partnership

Actions depend on partners, territories



Reaching out to chemsexers' guide

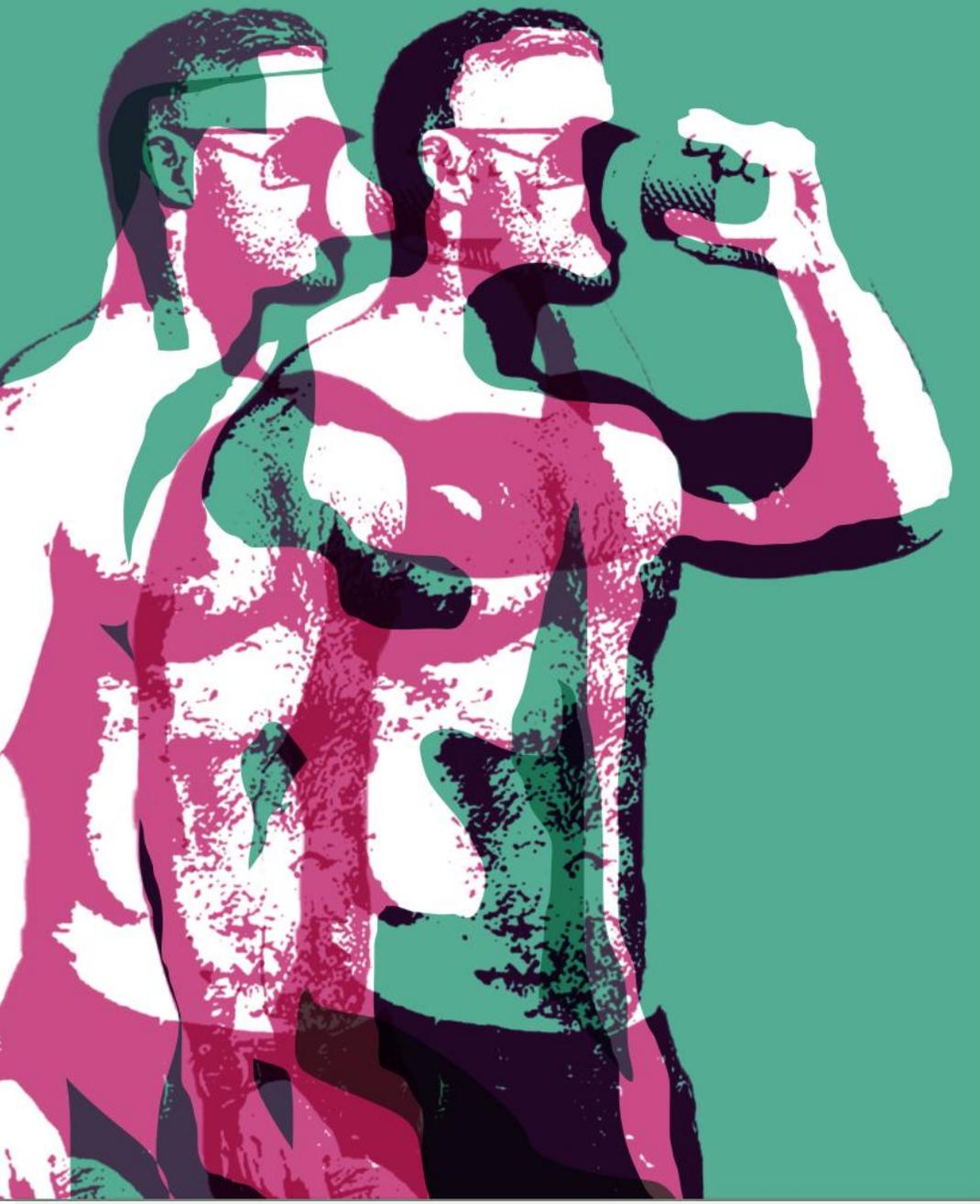


1. Specific chemsex project methodology,
2. Sexual health (including sexual prevention),
3. Harm reduction - drugs,
4. Referral to care and self-support community.

➤ **Objectives:** equip and enable the appropriation of the theme to professionals in the fields of addictology, sexual prevention, harm reduction, and community associations.



- **Recommendations** in each part, co-constructed with **primary care actors** and based on the **needs expressed** by chemsexers.
- **Involvement of community contributors:** journalists, psychiatrists, addictologists, etc. identified as interlocutors for these audiences and/or experts.



Outlook

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Results & Outlook



- ✓ Global approach concrete and applicable
- ✓ Innovations
- ✓ Increase the skills of professionals
- ✓ Improve people's care pathways



- Priority actions related to the early detection, isolated populations, consent, training
- Consolidation of local networks with a view to securing long-term regional funding

 2 years more



- Future national sexual health strategy, with a commitment to multidisciplinary care pathways and professional training



Long-term regional fundings



Global and territorial approaches



Develop prevention, harm reduction, training



Fight against discrimination (LGBTQ+ and drug user)

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Thanks for your attention!

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